DEFEATING FEAR: Truths to Remember April 19, 2020

God is our refuge and strength an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea though its waters roar and foam and the mountains quake with their surging. There is a river whose streams make glad the city of God, the holy place where the Most High dwells. God is within her, she will not fall; God will help her at break of day. Nations are in uproar, kingdoms fall, he lifts his voice, the earth melts. The Lord Almighty is with us; the God of Jacob is our fortress. Come and see what the Lord has done, the desolations he has brought on the earth. He makes wars cease to the ends of the earth. He breaks the bow and shatters the spear; he burns the shields[d] with fire. He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." The Lord Almighty is with us; the God of Jacob is our fortress.

Psalm 46

And <u>OUR HOPE</u> for you I<u>S FIRM</u> <u>BECAUSE WE KNOW</u> that just as you share in sufferings, you will also share in God's comfort. 2 Corinthians 1:7

What we KNOW is what gets us THROUGH!

1. REMEMBER NOT EVERYTHING I HEAR IS TRUE

The gullible believe anything they're told but the prudent sift and weigh every word.

Proverbs. 14:15 The Message

The wise man looks ahead. The foolish person attempts to fool himself and won't face the FACTS.

Proverbs 14:8. Living Bible

2. REMEMBER NOT EVERYONE IS AT EQUAL RISK

3. REMEMBER THIS WILL PASS

Dear friends, don't be surprised or shocked when you going through painful trials and fiery tests in life.

1 Peter 4:12

"The earth suffers for the sins of its people, for they have twisted the instructions of God, violated his laws, and broken his covenant. Therefore... the earth has broken down and has utterly collapsed. Everything is lost, abandoned, and confused." Isaiah 24:5, 19

"For our temporary and momentary troubles will not last But they are achieving for us an eternal glory that far outweighs them all. So we focus not on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal."

2 Corinthians 4:17-18

4. REMEMBER TO FOCUS ON WHAT IS UNCHANGING

- 1. God sees everything I'm going through.
- 2. God cares about everything I'm going through.
- 3. God has the power to answer prayer.
- 4. God always acts out of his goodness to me.
- 5. God's plan is always better than my plan.
- 6. God will never stop loving me.
- 7. I cannot lose my salvation once I have trusted in Jesus.

5. REMEMBER NO matter What I go through God will go through it with me!

When you go through deep waters, I will be with you! When you pass through rivers of difficulty, you will not drown! When you walk through the fire, you will not be burned up; it will NOT consume you!" Isaiah 43:2

6. REMEMBER THIS IS NOT THE END OF THE STORY!

We often suffer, but we're never crushed. Even when we don't know what to do, we never give up. In times of trouble, God is with us, and when we are knocked down, we get up again ... BECAUSE WE KNOW God raised the Lord back to life. And just as he raised Jesus, he will also raise us back to life, and will bring us into his presence together."

2 Corinthians. 4:8-9,14

"Then God will wipe every tear from their eyes. And there will be no more death or mourning or crying or pain, for the old order of things will pass away."

Revelation 21:4

7. REMEMBER GOD WANTS TO USE ME TO HELP OTHERS

Together you are the body of Christ, and each one of you is a part of that body. 1 Corinthians. 12:27

Dear friends, we are praying that all will be well with you and that your body will be as healthy as we know your soul is!

3 John 1:2

HOW TO STAY CONNECTED FOR SUPPORT

- A. Email your emergency contact info hello@lindenroad.church
- B. Sign up for online giving: http://www.lindenroad.church/give
- C. For more info. www.lindenroad.church