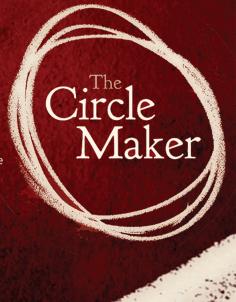
## 10 Steps to Setting Life Goals

Adapted from Mark Batterson, The Grcle Maker (Zondervan, Grand Rapids, 2011)

## Goals are Dreams With Deadlines

- 1. **Start with Prayer** Dreaming is a form of praying and praying is a form of dreaming.
- 2. **Check your Motives** Make sure you're going after these goals for the right reasons.
- 3. **Think in Categories** It is hard to pull life goals out of thin air. Looking at other people's goals can help spark ideas. So does thinking in categories.
- 4. Be Specific | If a goal isn't measurable, you have no way of knowing whether you've accomplished it or not.
- 5. Write it Down | "The shortest pencil is longer than the longest memory!" Verbalizing your goals holds you accountable.
- 6. Include Others | Don't just accomplish lots of goals and not bring anybody else along for the ride. It is about shared experiences. It is about creating memories.
- 7. **Celebrate along the Way** | When you accomplish a goal, celebrate it. When God answers a prayer, throw a party. Celebrate with the same intensity with which you pray. Setting goals is the way you turn imaginations into memories, and once you do, you need to celebrate them.
- 8. **Dream Big** | Michelangelo said, "The greater danger for most of us is not that our aim is too high and we miss it; but that it is too low and we reach it." Go for it!
- 9. **Think Long** | We tend to overestimate what we can accomplish in two years and underestimate what we can accomplish in ten years.
- 10. **Pray Hard** | Goal setting begins and ends with prayer. God-ordained goals are conceived in the context of prayer, and prayer is what brings them to full term.





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FAMILY GOALS (eg. coach a kids team; take a family missions trip)	
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INFLUENCE GOALS (eg. get a graduate degree; create a missional business)	
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<b>EXPERIENTIAL GOALS</b> (go skydiving; read through the Bible)	
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PHYSICAL GOALS (eg. run a 1/2 marathon by age; hike the Grand Canyon)	
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FINANCIAL GOALS (eg. be debt free by age; give away to missions)	
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TRAVEL GOALS (eg. go on an African safari; ride a gondola in Venice)	
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